

**Appling HealthCare System**  
**Appling Rehabilitation Services**  
**MEDICAL HISTORY/ SUBJECTIVE INFORMATION**

Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Medical History: (Please check all that apply)

<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Diabetes	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Pacemaker
<input type="checkbox"/> Cancer	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Visual Impaired	<input type="checkbox"/> Epilepsy
<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Hearing Impaired	<input type="checkbox"/> Fibromyalgia
<input type="checkbox"/> Stroke	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Laytex Allergy	<input type="checkbox"/> Scoliosis
<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Asthma	<input type="checkbox"/> Pregnant	<input type="checkbox"/> [Add]

Therapist's Comment's: \_\_\_\_\_  
\_\_\_\_\_

Have you had surgery for your condition?    Y    N    If yes, give approximate date: \_\_\_\_\_

Have you had any injections for your condition? Y    N    If yes, give approximate date: \_\_\_\_\_

Please list any diagnostic tests you have had for this condition: \_\_\_\_\_

Please list any medications that you are taking? \_\_\_\_\_  
\_\_\_\_\_

Do you have any known allergies to food/medications? (Please List)

What are your Current symptoms?

When did the injury or symptoms occur?

First episode: \_\_\_\_\_ Second episode: \_\_\_\_\_ Third Episode: \_\_\_\_\_

How did this injury or problem occur?

Please rate your pain using a 0-10 scale (0= no pain, 10= the worst pain you can imagine)

Worst pain since onset: \_\_\_\_\_ Best pain since onset: \_\_\_\_\_ Todays pain \_\_\_\_\_

Where is your pain or problem located? \_\_\_\_\_

Is your pain?    Constant    Intermittent

What makes your pain/problem better? \_\_\_\_\_ Worse? \_\_\_\_\_

Is there pain present at night?    Y    N    What position helps you to sleep? \_\_\_\_\_

Therapist's Comments: \_\_\_\_\_  
\_\_\_\_\_

Would you like to speak to someone regarding abuse or neglect that you have recently experienced?    Y    N

Employment History:

Are you currently working?    Y    N    If no, how many total days of work have you missed? \_\_\_\_\_

Are your work duties?    Full    Restricted    How many hours per week do you work? \_\_\_\_\_

Who is your employer? \_\_\_\_\_

What type of work do you do? \_\_\_\_\_

What critical work duties have been most affected by your problem? \_\_\_\_\_

What do you hope to accomplish with therapy? \_\_\_\_\_

Please complete this following page

**Please rate your abilities using the following scale:**

1= CAN DO WITHOUT DIFFICULTY

3= CAN DO WITH GREAT DIFFICULTY

2= CAN DO WITH SOME DIFFICULTY

4= CAN'T DO AT ALL

Comments: Therapists use only

Lying down	1	2	3	4	_____
Sitting	1	2	3	4	_____
Standing	1	2	3	4	_____
Walking	1	2	3	4	_____
Jogging/Running	1	2	3	4	_____
Going up stairs	1	2	3	4	_____
Going down stairs	1	2	3	4	_____
Lifting/Carrying	1	2	3	4	_____
Driving a Car	1	2	3	4	_____
Overhead reaching	1	2	3	4	_____
Housework	1	2	3	4	_____
Yard work	1	2	3	4	_____
Dressing	1	2	3	4	_____
Sexual Activity	1	2	3	4	_____

Are you exercising at home? Y N If yes, what type?

Are you using heat or cold? Y N If yes, what type?

Are you wearing a sling or brace? Y N If yes, what type?

Do you smoke? Y N If yes, how much?

What type of non-work activities are you involved in? \_\_\_\_\_

When are you scheduled to see your doctor again? \_\_\_\_\_

Therapist's Comments: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_

To the best of my knowledge and belief, the information I have given is complete and true. I hereby give my consent to receive therapy services at Appling Healthcare System.

Patient Signature: \_\_\_\_\_